

Resume

Name: Catherine Reeba. P

Address: 161, A Block, Greata Pearl Apartments, Choolaimedu, Chennai – 600094

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Career Objective

As a dedicated second-year BNYS student at Government Yoga and Naturopathy Medical College, Chennai, with strong academic performance and practical exposure in yoga and naturopathy, I aspire to contribute my knowledge, skills, and enthusiasm to the field of healthcare. I am committed to giving my best in every opportunity to enhance my learning and professional growth.

Educational Qualification

- **Pursuing Bachelor of Naturopathy and Yogic Sciences (BNYS)**
Government Yoga and Naturopathy Medical College, Chennai
Second Year
- **Higher Secondary (Class 12) – Year 2022 – 90%**
Good Shepherd Matriculation Higher Secondary School, Nungambakkam, Chennai
- **Secondary School (Class 10) – Year 2020**
Good Shepherd Matriculation Higher Secondary School, Nungambakkam, Chennai

Workshops & Training

- Attended **National Level Continuing Medical Education (CME)** at International Institute of Yoga and Naturopathy Medical College.
- Participated in **Skill Development Workshop – Insight 2.0** at Kongu Naturopathy Medical College.

Skills

- Proficient in **Yoga practices** and therapeutic techniques.
- Basic knowledge of **diagnosis based on physiology**.
- Strong academic foundation in medical sciences.
- Good communication and teamwork skills.

Personal Details

- **Father's Name:** Paul Thinakaran K
- **Mother's Name:** Packiavathy S
- **Date of Birth:** 03.12.2005
- **Languages Known:** English, Tamil

Declaration

I hereby declare that the information provided above is true and correct to the best of my knowledge and belief.

Thanking You

Yours Sincerely

Catherine Reeba. P